

WE NEED YOUR VOICE..

To improve the availability of healthy food options in recreation settings in Saskatchewan



Eat Healthy
Play Healthy

ARE YOU A...

- Community member who uses or visits public recreation facilities
- Public recreation facility owner, operator or food service provider
- Program or policy decision maker
- Researcher

JOIN US FOR AN INTERACTIVE WORKSHOP

JUNE 18TH 10:30-3:30
GORDIE HOWE COMPLEX,
SASKATOON

Enjoy a provided healthy lunch!

WHAT WE ARE HOPING TO ACHIEVE



- **Prioritize** ideas for implementing healthy food offerings
- **Discuss** how a healthy food pilot project would work in a recreation setting
- **Motivate and learn** from one another to support the offering of healthy foods at recreation facilities
- **Advocate** for future work

LEARN ABOUT OUR WORK

- Find out more about our research and what we learned from recreation facility owners, operators, and patrons on offering healthy foods in recreation facilities in Saskatchewan



EAT HEALTHY, PLAY HEALTHY

The Eat Healthy, Play Healthy committee aims to support the offering of healthy foods in recreation facilities, so healthy choices are the easy choice.

DISCUSS THE BEST STEPS FORWARD



- Brainstorm ideas on how to create healthy food environments
- Network and connect with others on this important topic



REGISTER: BY CLICKING [HERE](#) OR SCANNING THE ABOVE QR CODE