



FOR IMMEDIATE RELEASE
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TR PROFESSIONALS TO BE RECOGNIZED AND CELEBRATED FOR THE MONTH OF FEBRUARY

Saskatchewan – February 2024 has officially been declared ***Therapeutic Recreation (TR) Awareness Month*** in Saskatchewan, thanks to the Minister of Health, Hon. Everett Hindley. Celebrated since 1996, the Saskatchewan Association of Recreation Professionals (S.A.R.P.) recognizes it provincially and nationally with the Canadian Therapeutic Recreation Association (CTRA).

TR is a health care profession that utilizes a therapeutic process, involving leisure, recreation and play as a primary tool for each individual to achieve their highest level of well-being. They provide an all-encompassing and individualized plan through an in-depth assessment to help meet the objectives and needs of their clients.

“Therapeutic Recreation (TR) Month represents a pivotal moment for our profession, offering a spotlight to showcase the transformative impact of TR on individuals in our communities,” expressed S.A.R.P. Executive Director Jordan Wall. “This month provides an invaluable opportunity to recognize and celebrate the indispensable role played by recreation professionals in enhancing the well-being and quality of life for many.”

The theme, “Unified Profession, Unified Voice”, marks a groundbreaking collaboration between CTRA and provincial TR associations. The joint TR Awareness Month Campaign celebrates and advocates for the positive impact TR Professionals have on communities through recreation and leisure opportunities.

TR professionals work in a variety of health care and community settings, such as: rehab services, mental health services, long-term care homes, the Children’s Hospital, and many others. The purpose behind the work they do includes improving, maintaining and preventing declines in physical, mental and social health. Recreation and leisure based treatment plans are purposeful, meaningful and based on individual strengths and values identified through assessment.

About S.A.R.P.

The Saskatchewan Association of Recreation Professionals (S.A.R.P.) is a non-profit, member driven organization committed to the recreation profession by representing and supporting current and future recreation professionals. Our Members are individuals such as Recreation Professionals, Recreation Students, and retired Recreation Professionals. Learn more at sarponline.ca.

For more information, please contact:

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