

Therapeutic Recreation

Month

February 2024

Therapeutic Recreation is a health care profession that

utilizes a therapeutic process, involving leisure, recreation, and play as a primary tool for each individual to achieve their highest level of independence and quality of life.

Therapeutic Recreation professionals work in:

- Acute Care
- Supportive Living
- Community
- Long term care homes
- Mental Health & Addictions
- Child & Adolescent Services
- Correctional Facilities
- Rehabilitation Centres
- Day Programs
- Schools
- Private Practice

