



What is the APIED process



Assess

Recreation Therapists use a variety of assessments to assess the needs of their client. They may use standardised assessments, agency-specific assessments, or assessments created for their specific client needs.

01



Plan

Once the initial assessment has been completed, the Recreation Therapist plans programming and interventions based on the results of the assessment.

02



Implementation

Recreation Therapists implement/supervise one-on-one, small group, and large group programs. Programs and plans are evidence-based and focus on 5 domains of health: Cognitive, Physical, Social, Emotional, and Spiritual

03



Evaluation

Evaluations are completed before, during, and after implementation of programs and interventions by Recreation Therapists. Evaluations are integral to ensuring the effectiveness of programs, ensuring that client goals are being met.

04



Documentation

Documentation is completed throughout the client interaction process. Recreation Therapists ensure professional accountability with thorough documentation throughout the APIED process.

05

www.canadian-tr.org

About recreation therapy – CTRA – canadian therapeutic recreation association. CTRA Canadian Therapeutic Recreation Association. (n.d.). Retrieved January 18, 2023, from <https://canadian-tr.org/about-recreation-therapy/>