



**Saskatchewan Association of
Recreation Professionals (S.A.R.P.)**
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“TR SUPERHEROES” TO BE RECOGNIZED FOR THE MONTH OF FEBRUARY

Saskatchewan — Government proclaims February 2021 as Therapeutic Recreation Awareness Month in Saskatchewan, thanks to the Minister of Health, Hon. Paul Merriman and Minister of Rural and Remote Health, Hon. Everett Hindley.

TR professionals play a vital role in Saskatchewan’s health care system, specifically in the recovery process and overall improved wellness of the people they serve. They are trained professionals who provide a high calibre of service in a safe manner to the individuals they work with.

TR is a health care profession that utilizes a therapeutic process, involving leisure, recreation and play as a primary tool for each individual to achieve their highest level of well-being. They provide an all encompassing and individualized plan through an in-depth assessment to help meet the objectives and needs of their clients.

“During the pandemic, our ‘TR Superheroes’ have done an exceptional job at navigating risk, while continuing to provide their crucial service. Unfortunately, the important role of TR Professionals in our health care system is often overlooked and unknown. We would really like to change that narrative by raising awareness of the profession and it’s purpose in health care during the month of February.”

TR professionals work in a variety of settings in health care and community settings, such as: rehab services, mental health services, long-term care homes and the Children’s Hospital.

“TR professionals are an essential piece to the recovery process in all health care settings and we’re hoping people in our province are made aware of this. This profession is needed to improve the quality of life of the people in our communities and further Saskatchewan.”, says TJ Biemans.

About S.A.R.P.

Over 200 members strong, the Saskatchewan Association of Recreation Professionals (S.A.R.P.) is a member organization committed to the recreation profession by representing and supporting current and future recreation professionals. They have been happily supporting Saskatchewan recreation pro-fessionals since 1970. Learn more at SARPOnline.ca.

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For more information, please contact

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